

# HINTERLAND

Your refuge in the city



SUMMER 21'

WIFI CODE : urbanrefuge

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## COFFEE

ESPRESSO	2.5/3
ESPRESSO MACCHIATO	2.8
AMERICANO	2.5/3
LONG BLACK	3
FLAT WHITE	3.5
CAPPUCCINO	3/4
LATTE	3/4/5
LATTE MACCHIATO	3.5
FILTER SINGLE ORIGIN	4
Weekday only	
• OAT MYLK • SOY MYLK • SYRUP •	
• COCONUT MYLK • EXTRA SHOT •	0.5

## MATCHA

TEA	4.5
COCONUT LATTE	5
MATCHA CHOCOLATE	6
Coconut mylk, dark chocolate, matcha green tea	

## TEA

LOOSE LEAF TEA	3.9
• GREEN SENCHA, JAPAN	
• JASMIN, CHINA	
• BLACK TEA, CHINA	
• EARL GREY, CHINA	
• FRESH MINT	
HERBAL TEA	3.9
• FRESH GINGER, HONEY, LEMON	
• ROOIBOS, SOUTH AFRICA	
• KAMILLE, EGYPT	
• HIBISCUS, MALAISIA	

## SPECIALTY

GOLDEN MYLK	5
Coconut mylk, turmeric, black pepper, ginger, cinnamon	
CHAI LATTE	4/5
Assam black tea, oat mylk, cinnamon, ginger, cardamom	
HOT CHOCOLATE	3.5/4.5
LONDON FOG	4
Earl Grey tea, oat mylk, vanilla	

## ICED DRINKS

ICED AMERICANO	3.5
ICED LATTE	4.5
ICED CHAI LATTE	5
ICED MATCHA LATTE	5
COLD BREW	4
Single origin coffee beans brewed in cold water for 12 hours	
HOMEMADE ICED TEA	4
Black tea with hibiscus, fresh mint and lemon	

## COLD DRINKS

FRESH GINGER SHOT	2
ORANGE JUICE	3.9
CHARITEA MATE	4
LEMONAID • LIME OR GINGER •	4
BRU • STILL OR SPARKLING •	2.5
APPLE JUICE	3
MIMOSA COCKTAIL	7
Prosecco, orange juice, strawberry liqueur	

### Suggestions

#### BANANA & PEANUT SHAKE 6

Vegan and healthy milkshake, Sugar free

#### GREEN JUICE 5

Ask today's specials

#### ICED CARAMEL LATTE 5

Also available with vanilla or hazelnut

## Welcome

Please order and pay at the counter. We are proud to be working with the best quality seasonal ingredients, freshly delivered from local farms.

## CAKES

COOKIE	3
Dark chocolate	
BANANA BREAD	3.9
CARROT CAKE	3.9
LEMON & BLUEBERRY CAKE	3.9
CHOCOLATE CAKE	3.9
CHEESECAKE	4.5
ENERGY BALL	2.4
Flamingo or gecko	
FERRERO BALL	2.8

## PASTRIES

CROISSANT	2
PAIN AU CHOCOLAT	2
CINNAMON ROLL	3.9

*Absolutely everything on the menu is made from scratch in our kitchen. Please keep this in mind if your order is taking longer than expected. Kindly let us know should you have any allergies. Hinterland is a laptop-free area on weekends between 11:00 and 15:00.*

Vegan Gluten Free

### OPENING HOURS

Mon - Fri, 8am - 4pm (wed closed)  
Sat - Sun, 9am - 5pm

### LOCATION

Chaussée de Charleroi 179,  
1060 Saint-Gilles

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 @Hinterland

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## SWEET

<b>GRANOLA BOWL</b>	7.5
Yogurt, home baked granola, flower honey, banana.	
<b>AÇAÏ BOWL</b> 🌱	9.5
Served with home baked granola and: • KIWI, GOJI BERRIES & COCONUT • BANANA, COCOA, CHIA & PEANUT BUTTER	
<b>BREAD &amp; SWEET SPREADS</b>	5.5
Fresh sourdough bread with chocolate hazelnut spread and raspberry jam.	
<b>RED BERRY &amp; PISTACHIO PANCAKES</b> 🌱	12
Served with fresh red berries, red berry coulis, whipped soy cream, crushed pistachios, maple syrup.	
<b>STRAWBERRY FRENCH TOAST</b>	12
Brioche bread, fresh strawberries, strawberry coulis, toasted almonds, maple syrup	
<b>BANANA &amp; PEANUT TOAST</b> 🌱	8.5
Served with fresh bananas, peanut butter, goji berries, toasted almonds, poppy seeds & maple syrup.	

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### Lunch specials

Only available from Monday till Friday.  
Ask our staff for today's specials.

	IN	OUT
<b>SANDWICH</b>	6.5	5.5
<b>VEGAN SANDWICH</b> 🌱	6.5	5.5
<b>SOUP</b>	6	5
<b>SALAD</b>	11	9.5
<b>LUNCH COMBO</b>	12	10.5
Small salad, small soup, bread and homemade iced tea		

## SAVOURY

LAST KITCHEN ORDER

Weekdays 3PM, Weekend 3.30 PM

<b>SCRAMBLED EGGS</b>	8.5
Served with bread, butter, side salad.	
• SAUTEED MUSHROOMS	+3
• SLICED AVOCADO	+3
• SMOKED SALMON	+4
• MAPLE-FRIED BACON	+3
• ROASTED SWEET POTATOES	+3
• MARINATED FETA	+3
<b>AVOCADO TOAST</b> 🌱	11.5
Toasted rye sourdough bread, guacamole, pepitas seeds, toasted almonds, sprouted seeds, cilantro, served with a side salad.	
• ADD SMOKED SALMON	+4
• ADD MARINATED FETA	+3
<b>GUACAMOLE &amp; SWEET POTATO TOAST</b> 🌱	11.5
Hot sandwich made with sourdough bread, hummus, roasted sweet potato, guacamole, served with homemade ketchup and a side salad	
<b>GUACAMOLE, BACON &amp; CHEDDAR TOAST</b>	12
Hot sandwich made with sourdough bread, guacamole, bacon fried with maple syrup, cheddar, served with homemade ketchup and a side salad.	
<b>RED PESTO, CHICKEN &amp; CHEDDAR TOAST</b>	12
Hot sandwich made with sourdough bread, red pesto, maple and herb grilled chicken, cheddar, served with homemade ketchup and a side salad.	
<b>BREAD &amp; SAVOURY SPREADS</b> 🌱	7.5
Fresh sourdough bread with guacamole and hummus.	
<b>BUDDHA BOWL</b> 🌱 🌱	13.5
Sauteed mushrooms, roasted sweet potatoes, sliced avocado, quinoa, cilantro, pepitas seeds, toasted almonds, hummus, salad.	

### Sides

<b>GLUTEN FREE BREAD</b>	1
<b>SCRAMBLED EGGS</b>	5
<b>SAUTEED MUSHROOMS</b>	3
<b>SLICED AVOCADO</b>	3
<b>SMOKED SALMON</b>	4
<b>MAPLE-FRIED BACON</b>	3
<b>ROASTED SWEET POTATOES</b>	3
<b>MARINATED FETA</b>	3
<b>RASPBERRY JAM</b>	1
<b>PEANUT BUTTER</b>	1
<b>CHOCOLATE HAZELNUT SPREAD</b>	2

🌱 Vegan 🌱 Gluten Free

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